

# Alzheimer's Association 2021 Alzheimer's Disease Facts and Figures

The burden of  
Alzheimer's on  
individuals and families  
continues to grow



# Discrimination is a barrier to Alzheimer's and dementia care

## RACE, ETHNICITY AND ALZHEIMER'S IN AMERICA

THIS YEAR, MORE THAN 6 MILLION AMERICANS ARE LIVING WITH ALZHEIMER'S

The disease can affect racial and ethnic groups differently, and many individuals face unique challenges in receiving care

Blacks are about **TWICE** as likely to have Alzheimer's or another dementia than Whites

Hispanics are about **1.5 TIMES** times as likely to have Alzheimer's or another dementia than Whites

**HALF OR MORE** caregivers of color say they have faced discrimination when navigating health care settings for their care recipient:

**61%** of Black Americans

**63%** of Native Americans

**47%** of Asian Americans

**56%** of Hispanic Americans

### DISCRIMINATION

is a barrier to Alzheimer's and dementia care. These populations reported discrimination when seeking health care:



An overwhelming majority of people of color in America say it's important for dementia care providers to understand their ethnic or racial background, yet fewer than

**3 IN 5**

feel confident they have access to culturally competent providers

Hispanics, Blacks and Native Americans are

**TWICE**

as likely as Whites to say they would not see a doctor if experiencing thinking or memory problems

**ONLY 53%**

of Black Americans trust a future cure for Alzheimer's will be shared equally regardless of race, color or ethnicity

### KNOWLEDGE AND STIGMA

about Alzheimer's varies widely. These groups showed different levels of concern about developing Alzheimer's:

**35%** of Black Americans

**25%** of Native Americans

**46%** of Asian Americans

**41%** of Hispanic Americans

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# Shared Priorities

- Equity – communities of color, LGBTQ and women
- Quality Dementia Care – from earliest warning signs to end-of-life care
- Caregiver Supports – emotional, financial and training

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**My hope is that Governor Newsom and state leaders will take the torch from the Task Force on Alzheimer's Prevention and Preparedness and put these recommendations into action.”**

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**MARIA SHRIVER**

*Alzheimer's Task Force Chair*



# Exciting New Budget Proposals: \$20 million for Alzheimer's programs!

- \$5M for brain health public education campaign
- \$4M for targeted, equitable research
- \$4M for caregiver training & certification
- \$3M for geriatric workforce
- \$2M to set new standard of dementia care
- \$2M for dementia friendly communities

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